

## Managed Care Medi-Cal Discussion May 4, 2017 notes

### Learn for who? : Who are you here to learn for?

- In patients at hospital
- County constituents
- Parents ✓
- Farmworkers
- Chamber members
- Liver disease – hepatitis patients/prevention
- Low income families
- Snap-ed families ✓✓✓
- Homeless students
- Seniors ✓✓✓✓
- Learn about changes in care (ACA- AHCA)
- General knowledge for cancer patients XX
- Undocumented
- Homeless ✓
- Dependent adults ✓✓
- LGBT ✓✓
- Public Health (CACHI)
- General community needs
- Catholics Charities Clients
- Clinicas de Salud de Pueblo clientes
- Enrollment counselor
- Health navigation
- Special ed. Students
- Office of education
- IVC Students
- Children
- Community impacted by environmental health

### Learn: What do you want to learn or better understand?

- Differences between medi-cal- Molina , California Health & Wellness
- Medical care in Mexico and accessing care on both sides of the border
- Issues around LGBT and available services
- HIV Education
- How can we empower clients/patients to call the health plans?
- How to educate clients to access the under-utilized services?
- Income limits – eligibility & status
- Grievance procedure
- Available self-management programs

### **Specific Questions**

- What is the coverage across the border?
- What services are available to employees of businesses?
  - How to best utilize to impact the wellness of the employees?
- What services are available for LGBT – Transgender clients?
  - What is offered and where?
- How to learn about nutrition for certain diseases e.g. cancer?
- What will happen with the AHCA in relation to medical expansion?
- What advice to deter homeless and low income from using the ER – ED diversion?
  - How can we bring care to them?
- How can we solve the issue of wait time?
- What are the types of insurance offered?
- How can we have faster service and referrals?

### **Terms used during discussion**

- Fee for service
- Managed care
- Care coordination
- Medi-Medi
- Capitation – per member per month
- Single case agreement
- LHA – health leadership for community
- Pay per performance (can lead to prevention)
- Wrap around services

### **Services provided (& under-utilized programs) discussed**

- Self-management programs
  - Disease management
    - Obesity
    - Nutrition
- Transportation
- Incentives – member services
- Health coaching and education
- Chronic disease management

### **Opportunities for further learning and sharing of info**

- ❖ Use Chamber of commerce's to disseminate information
- ❖ Future forums
- ❖ Continue the conversation

### **General learning at the event**

- Molina and CA Health and Wellness both have wraparound services
- They compete and work together
- An additional 76,000 residents now have healthcare
- CA Health and Wellness is the county health plan – department of healthcare services
- Imperial is a 2 plan model county
- Three types of coverage
  - Commercial/private
  - Subsidized – Covered CA
  - Medi-cal
- Eligibility:
  - Depends on category
    - Child, Senior etc
    - Medi-cal Expansion as of 1/1/2014
      - For Childless adults ages 19-64 under 138% FPL
- Health plans are paid differently depending on category
- Many programs and offerings are under-utilized in both plans
- Each have the goal of a healthier community